



Tele : 25229753(Director) & 25228548

Fax : 25229753

राष्ट्रीय आयुर्वेद विद्यापीठ  
RASHTRIYA AYURVEDA VIDYAPEETH

( NATIONAL ACADEMY OF AYURVEDA )

( आयुष मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन )

(An autonomous organisation under Ministry of AYUSH, Govt. of India )

धन्वन्तरि भवन, मार्ग संख्या-66, पंजाबी बाग (पश्चिम), नई दिल्ली-110 026

Dhanwantari Bhawan, Road # 66, West Punjabi Bagh, New Delhi – 110026

S.O.  
15-1-15

SPS71276784  
10-1-15

F.No. 63-11/2014-15/Acad. /6872

Dated: 3<sup>rd</sup> January, 2015

To,

The Director of Ayurveda,  
Govt. of Rajasthan,  
Directorate of Ayurved,  
Lehgal Road, AJMER -305 001  
(Rajasthan)

Subject – One year training programme for permanent Govt. Ayurvedic Medical Officers  
under RAV-reg.

846  
16-1-15

Sir/Madam,

Rashtriya Ayurveda Vidyapeeth (RAV), an autonomous organization under Ministry of AYUSH, Govt. of India, is running a one year CRAV (Certificate of Rashtreeya Ayurveda Vidyapeeth ) training program through adoption of the traditional teaching method of Ayurveda namely 'Guru Shishya Parampara':

2. A provision to train permanent Govt. Medical Officers below the age of 35 years is made under this scheme.
3. In order to get the maximum leverage of the scheme, the Director of the Ayurveda / Ayush Department from the respective States /Union territories can forward the name and bio-data of not more than two Medical Officer from their state to receive a one year training under a particular Guru/Institution.(4)The idea of the sceme is to extend the knowledge of traditional ayurvedic practices to young aspirants of ayurveda who are willing to get re-trained under a specific Guru for a period of one year. Ultimately the skill obtained by the state medical officers through such training is supposed to improve the services offered by them to common people through their dispensary/ Hospital.
5. Kindly note that the Sponsored candidate enrolled for the CRAV training will not be provided any stipend and all the expences of the training are to be born by them or by the sponsoring authority.
6. Now RAV is admitting the candidate under CRAV training . The details about RAV and its programme can be found at its website [www.ravdelhi.nic.in](http://www.ravdelhi.nic.in). In case if you wish to sponsor any permanent medical officer below the age of 35 years, the names can be recommended to us along with the bio-data of the sponsored candidates positively before 30<sup>th</sup> January, 2015.

The names and specialization of our gurus are available under this programme is enclosed.

Yours faithfully,

(Dr. Sanjeev Rastogi)  
DIRECTOR

## RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI

### 1 – year CRAV Course

This course was started in February 1999. This course is conducted for one year for both Ayurvedic graduate as well as Post graduate degree holders. In this course, the candidates possessing Ayurvedacharya (BAMS) or equivalent degree / PG in Ayurveda are selected to learn under eminent Vaidyas, who are empanelled as Chikitsak Gurus, certain Ayurvedic clinic practices, which are being undertaken successfully by them. The students learn the procedures like Nadi Pariksha, Aushadh Nirman, Kshar Sutra, Panchakarma, treatment of diseases, Netra chikitsa, Asthi Chikitsa, Marma Chikitsa etc, and practice Ayurvedic system. Every month they are required to prepare record of the patients they treat or their study and Submit to RAV. The work done by the Shishyas like patient history sheets, monthly study reports etc. are examined in RAV. Suggestions for guidance and improvement are communicated to the Shishyas through their respective Gurus. As students will send to Gurus for training they will be take care of them as Guru as well as Guardian.

### Eligibility criteria for Gurus (CRAV)

There are two categories of the Gurus having separate criteria for selection as mentioned below:

1. **Criteria for Individual Gurus.**
2. **Criteria for Institutional Gurus.**

#### 1. Criterion for Individual Gurus.

- i. Ayurveda practitioners having enrolment on any State Register of Indian Medicine under Section 17 of IMCC Act, 1970.
- ii. Age should be above 50 years.
- iii. Practitioners with at least 20 years of experience of pure Ayurvedic clinical practice mainly with classical medicines and having own Ayurvedic practice in any of the branches of Ayurveda.
- iv. Practitioner shall not be employed in any Ayurvedic college and attached hospital or any other hospital on regular basis other than hounorary basis.
- v. Ayurveda practitioners aspirant to be a RAV Guru should have minimum OPD of 25 patients per day.
- vi. In case of surgical practice besides OPD of 15 patients per day, the vaidya must be performing at least 5 surgical procedures daily.
- vii. In case of Ayurvedic Pharmacy, the vaidya should have own pharmacy and engaged on preparation of medicines for at least 20 years.
- viii. Willingness to train the young doctors and provide hands-on training and share their knowledge and skills without any reservation.
- ix. Gurus under this category can be given upto 2 students and with occupancy of IPD of 10 beds and above can be given upto 4 students.

#### 2. Criteria for Institutional Gurus.

- i. Centre for excellence declared by D/o. AYUSH.
- ii. Ayurvedic hospital with at least 50 beds and 200 out patients per day.
- iii. Hospital having minimum 10 years of existence. However, the Guru should have minimum experience of at least 20 years.
- iv. Only pure Ayurvedic treatment should be there but for emergency drugs/medicines.

Upto 8 students may be given to such institutions and the chief physician/doctor of the institution and/or other senior doctors will be in-charge of training of shishya.

**Honorarium to Gurus:**

A honorarium of Rs.15820/-plus DA at the rates applicable from time to time plus Rs.5000/- upto two students per month. If students more than two @ Rs.2000/-extra for each student will be paid.

**Eligibility criteria of CRAV students**

**1- Certificate of Rashtriya Ayurveda Vidyapeeth (CRAV)**

**Objective:** To promote the hands-on training in Clinical practices/bhaishjyakalpana of Ayurveda.

**Training :** This course involves training in the clinical practices and Ayurvedic Pharmacy under the guidance of eminent practicing Vaidyas/Scholars in different parts of the country.

**Eligibility:** BAMS (Ayurvedacharya) degree.

**Age Limit :** Maximum 27 years for graduate and 32 years for postgraduate. Relaxation up to 35 years will be given to permanent service doctors duly sponsored by Government.

**Stipend:** A stipend of Rs.15820/-plus DA at the rates applicable from time to time per month is provided to the students of CRAV course. Sponsored candidates will not be provided with stipend.

The training will be for six days a week with 6 hours study per day under the guidance of his Guru. The timing maybe fixed as per convenient of Guru and the students. The students selected under the course will go to the place of Guru and take a residence in same town and attend the classes at the home/clinic of the Guru and prepare records as required. The Guru should ensure proper training, maintenance of discipline & attendance and be guardian of the students. All the rules and regulations framed by the Vidyapeeth from time to time will be bound to be followed by the Guru and the students posted under the Guru.

The attached copy of prospectus would give you additional information on the course.